

## Sizes

VACOPed VACOpedes VACOCast

	Small	Medium	Large
EUR	35 - 40	40 - 45	45 - 50
UK	2 ½ - 6 ½	6 ½ - 10 ½	10 ½ - 14
US (M)	3 ½ - 7 ½	7 ½ - 11 ½	11 ½ - 15
US (F)	4 ½ - 8 ½	8 ½ - 12 ½	12 ½ - 16

Available in 3 sizes, can be used for left and right foot.

VACOfalus

	Small	Standard
EUR	≤ 40	≥ 40
UK	≤ 6,5	≥ 6,5
US (M)	≤ 7,5	≥ 7,5
US (F)	≤ 8,5	≥ 8,5

Available in 2 sizes, for left and right foot.

**EVENup**  
SHOE LIFT

- Corrects the height difference between the good and injured leg
- Ensures a harmonic gait
- Easy to attach to any flat shoe
- Can be used for the left and right foot



Please contact us for more information.



**Engineered in Germany**  
Our orthopaedic rehabilitation products have been developed in-house and are designed in Germany.



**Patient satisfaction**  
With comprehensive and complimentary after-care concepts, patients are looked after from the start of their medical care until their full recovery.

## OPED – Keeps you going.

We at OPED are experts in medical technology. All our high quality orthopaedic rehabilitation products are developed and designed in Germany.

Our goal: A mobile patient.

www.oped-international.com



**OPED**

Keeps you going.

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# Foot Range

## The Complete Treatment for Foot and Ankle Injuries



Foot Range fits better thanks to VACO12 Technology.  
vaco12.com

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Engineered in Germany

**OPED**

Keeps you going.

VACOped<sup>®</sup> by OPED

VACOpedes<sup>®</sup> by OPED

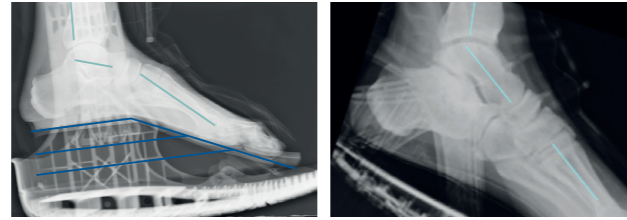
**Product Features**

- 1 Vacuum cushion VACO12<sup>®</sup> allows individual adjustment, even with swelling.
- 2 High frame for a very good stability.
- 3 Changeable and washable liners for easy wound control and better hygiene.
- 4 Rocker sole/step-in sole for a physiological gait pattern and removable for a better hygiene.
- 5 Extendable toe platform for optimum protection of the forefoot.
- 6 Adjustable Joint ROM (VACOped): -15° to +30°



**VACOped Provides True Equinus Position**

ROM allows more than 30° plantar flexion in a fixed position during the initial phase of AT repair.



Orthosis with wedges

Vacuum Orthosis (VACOped)

Early Protected Weightbearing for Acute Ruptures of the Achilles Tendon: Do Commonly Used Orthoses Produce the Required Equinus?  
 P. Ellison et al. Aintree University Hospital. The Journal of Foot & Ankle Surgery 2017, vol. 56, issue 5, pp. 960-963.

**Customised Treatment Protocols**

OPED provides individualized treatment protocols tailored to your hospital, visualizing your treatment concept at a glance.

VACOped<sup>®</sup> by OPED  
 Treatment plan in co-operation with  
 Name of your hospital

NHS  
 Your hospital logo  
 NHS Foundation Trust

Treatment week	1	2	3	4	5	6	7	8	9	10	11	12
Achilles Tendon Rupture (surgical and non-surgical)	VACOped 30°	VACOped 30°	VACOped 30°	VACOped 15-30°	VACOped 0-30°	VACOped -10-30°	VACOped -10-30°	VACOped -10-30°	VACOped -10-30°	VACOped -10-30°	VACOped -10-30°	Wear from orthosis
	Elevate the and knee ext. (e.g. 20°) Start calf exercises	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening	WALK with elastic compression. Sole removed for heel. VACOped can be worn for 10-15 minutes (if possible) Continue global strengthening

Patient name \_\_\_\_\_  
 Comments \_\_\_\_\_

Open range of motion for joint mobility  
 Physiotherapy  
 Scan for video application  
<https://www.youtube.com/watch?v=jgbr0YD0d>

**Motion Makes the Difference – the 2 in 1 System**

**Advantages at a Glance**

- The only proven cast-stable orthosis through VACO12 technology
- The patented Range of Motion (ROM) is easy to set up and allows fixation and dynamic treatment



**Advanced Treatment of Achilles Tendon Ruptures (ATRs)**

- Fast and easy adjustment to a true equinus position (30° plantar flexion) for the initial phase
- Flexible adjustable in 5° steps from -15° to +30° for dynamic treatment
- Advanced technology resulting in greater clinical outcomes and also allowing for conservative management



# VACO<sup>®</sup>talus by OPED

## For Stable Treatment of the Ankle Region

- 1 Elastic straps for high wearing comfort
- 2 Limitation of talar shift by the Talusstrap
- 3 Natural flow of movement of the foot remains possible through plantar/dorsal movement
- 4 Anatomically pre-moulded outer shell with excellent rigidity for effective stability against pronation/supination
- 5 VACO12 pad for optimised adaptation to individual anatomical requirements

### Advantages at a Glance

- Tangible limitation of talar shift through the Talusstrap
- Excellent grip around the ankle area thanks to VACO12 cushion
- Slim design to allow it to be worn easily inside a shoe



# VADO<sup>®</sup>plex by OPED

VASCULAR IMPULSE TECHNOLOGY

## High Efficacy and Low Risk

### Scope of Indications/ Applications

- Patients at high risk of DVT
- Excessive swelling
- Can be used for post trauma, or post operatively
- Prophylaxis of compartment syndrome and post-fasciotomy

### OP/Treatment Success and Time Saving Ensured by

- highly effective prevention of DVTs and PEs.
- an average of 1.7 days earlier operation, and 3.6 days earlier discharge.
- significantly lower complication rates
- faster and better wound healing.

For more information about VADOplex and its benefits please visit our homepage [www.vadoplex.com](http://www.vadoplex.com).



Foot Pad



Calf Pad



Undercast Pad





## VACO<sup>®</sup>cast

The VACOcast is a cast-stable orthosis for the immobilisation of the foot and ankle. Therapy with VACOcast accelerates the healing process and makes earlier weight bearing possible.

### Indications

- Ankle fractures
- Metatarsal fractures
- Calcaneus fractures
- Severe distortions
- Prosthetics
- Arthrodesis

### Advantages at a Glance

- Stable as a cast, can be applied directly after surgery.
- Vacuum cushion forms perfectly to individual patient's anatomy and can be adjusted to accommodate swelling and atrophy.
- Easy wound control simplifies treatment.



## VACO<sup>®</sup>ped

The VACOped, being the modern standard of care for Achilles Tendon Repair, is a cast-stable functional orthosis for the immobilisation and later dynamization of the foot and ankle. Treatment with VACOped has been proven to provide superior results in treating ATR conservatively. It shortens the recovery process and allows patients to weight bear earlier.

### Main Indications

- Achilles tendon ruptures
- Ankle fractures
- Fusions

### Advantages at a Glance

- Patented ranges of motion from -15 to +30° allows real equinus and dynamic treatment.
- Superior functional outcomes in ATR with conservative treatment that is comparable to surgical intervention.
- Accelerated healing results due to increased glutamate levels.
- Reduction of in-patient admissions
- Earlier weight bearing by removing the need for casting.
- OPED service to provide individual treatment protocols visualizing your treatment concept.



## VACO<sup>®</sup>pedes

VACOpedes is the modern standard of care for injuries to the metatarsal and forefoot. Optimum pressure relief in the forefoot means that the healing process is accelerated and the patient gets back to everyday life sooner.

### Indications

- Metatarsal fractures I-IV
- Hallux valgus/rigidus
- Arthrodesis of the toe joints
- Hammer toe and claw toe
- Lapidus procedure

### Advantages at a Glance

- Pressure relief in the forefoot area.
- Immobilisation of the forefoot with full mobility in the ankle.
- Toe cap with possibility of toe extension.
- The orthosis can be taken off and put back on again at any time.
- Easy wound control simplifies treatment.
- Radiolucent.



## VACO<sup>®</sup>talus

VACOTALUS provides excellent rigidity with effective stabilisation against twisting. Joint movements in the supination and pronation plane must be prevented and the talar shift must be limited by the Talusstrap. Plantar/dorsal movement remains possible, with the normal movement process of the foot being retained when walking.

### Indications

- Acute ankle ligament injuries
- After-care for fractures of the ankle joint
- Prevention of ligament lesions on the ankle joint
- Compensation of ankle joint instability

### Advantages at a Glance

- Optimised combination of effective stabilisation and superb wearing comfort.
- Tangible limitation of talar shift through the Talusstrap.
- Optimised treatment of swelling since the orthosis offers space to accommodate it.
- Excellent grip around the ankle area thanks to VACO12 cushion
- Slim design to allow it to be worn easily inside a shoe.

