






GLOBAL CONSENSUS in GUIDELINES for OFFLOADING

In Guidelines "Offloading" is the top intervention for preventing and managing DFUs.*1

IWGDF Guideline Recommendations 2023

	Offloading, in which non-removable casting is used to offload non-complex foot ulcers
	Dressings
	Antibiotics
	Debridement
	Blood Supply



"The meta-analysis found no difference in ulcers healed using TCCs and non-removable walkers."¹

"Non-removable walkers are generally more cost-effective than TCCs."¹

"Conventional or standard therapeutic footwear is not effective in ulcer healing."²

	Compensation sole recommended	
	Recommended as 1st option offloading Knee-high non-removable Devices such as <ul style="list-style-type: none"> • Total Contact Cast • Non-removable Walkers 	
	Compensation sole recommended	 Removable knee-high Walker
		 Ankle high offloading Device
	Compensation sole recommended	
		Felt/Padding/ Offloading Shoe

Guidelines (such as IWGDF 2023) recommend non-removable Walkers over the TCC due to practical reasons and costs



use only if above not tolerated, contraindicated or unavailable



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*1 IWGDF Guidelines 2023: <https://iwgdfguidelines.org/wp-content/uploads/2023/07/IWGDF-2023-06-Offloading-Guideline.pdf>

*2 P. Cavanagh; S. Bus Off-loading the diabetic foot for ulcer prevention and healing; J Vasc Surg 2010;52:375-435

