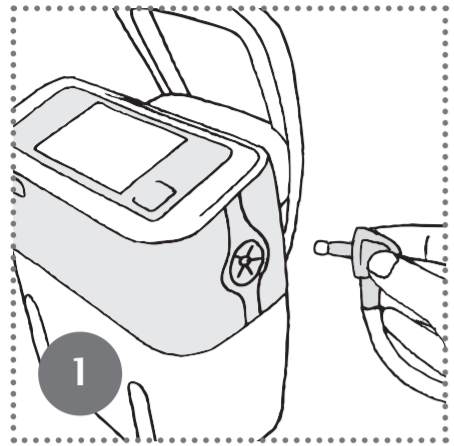
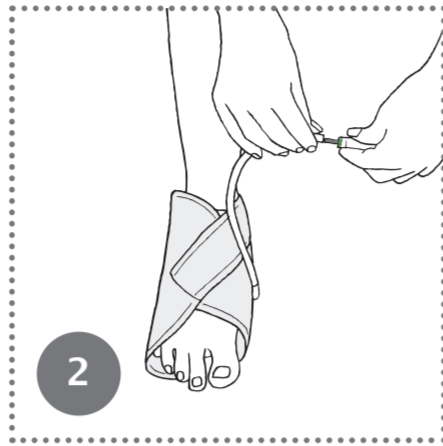




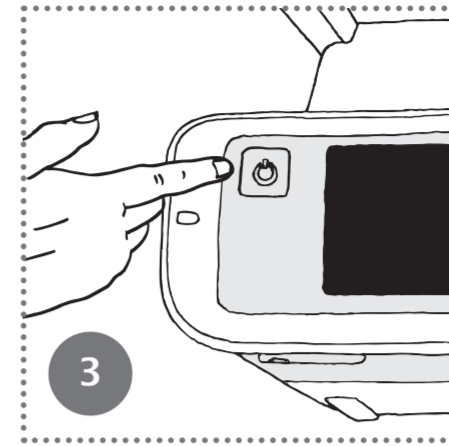
HOW TO USE



Insert the connecting hoses into the right and left side connections. (Fig. 1)



Put on the VADOplex pads and make sure that they fit correctly. Connect the connecting hose to the pad hose. (Fig. 2)



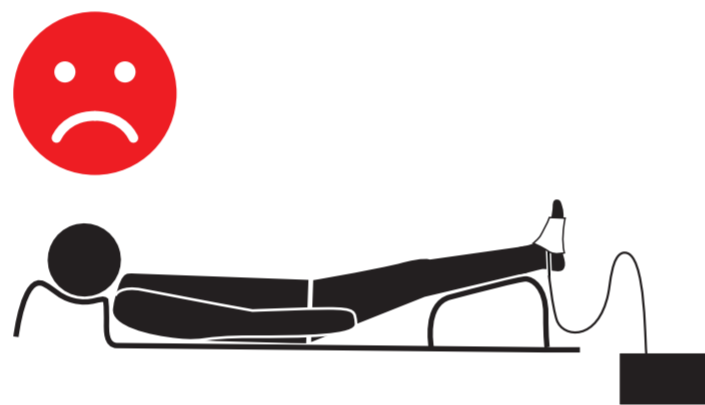
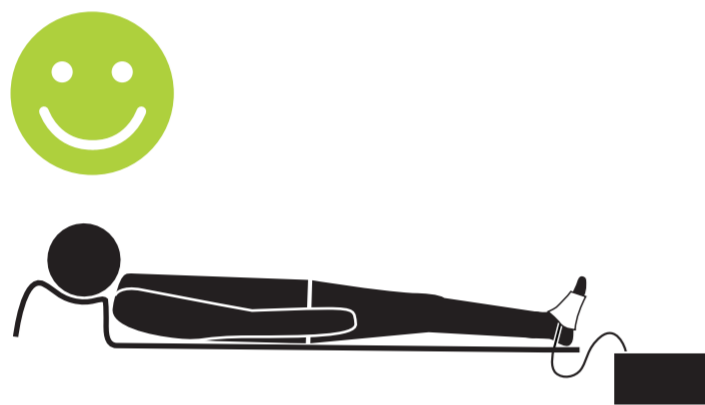
Press the On/Off button to switch the device on. (Fig. 3)

APPLICATION POSITION

The functionality of VADOplex can be supported by an optimal application position:

Lying position

⚠ Do not elevate legs during use.



Seating position

⚠ Do not bend the knees or groin over 90°.



APPLICATION: PROGRAM SETTINGS

Foot
130mmHg
Pressure pulse duration 1 second
Cycle time 20 seconds



Foot/PAOD/calf
130mmHg
Pressure pulse duration 3 seconds
Cycle time 50 seconds



Hand
80mmHg
Pressure pulse duration 1 second
Cycle time 20 seconds



INDICATIONS

The use of this device requires the recommendation of the attending physician regarding the indication and the recommended duration of use. The following are examples of indications and their recommended duration of use.

Indication	Recommended duration of use
Rapid decongestion in acute oedema of the upper and lower extremities (e.g. post-traumatic and after surgery)	Post-traumatic: continuous After surgery: 6 to 8 hours daily (with interruptions if necessary)
Prevention of compartment syndrome following extensive soft tissue damage	Continuous, without breaks
Prevention of deep vein thrombosis	6-18 hours daily* Depending on the degree of mobilisation and the use of further prophylactic measures
Rapid decongestion in chronic vascular oedema of the arms and legs (e.g. CVI, therapeutic support in chronic lymphoedema)	At least 4 hours daily for several weeks with interruptions if necessary
Ulcers of various aetiologies (venous, arterial, mixed)	
Diabetic foot syndrome (including with ulcer formation)	
Peripheral arterial occlusive disease (PAOD) and arterial circulatory disorders of the extremities (including in non-revascularisable situations)	

* Recommended duration of use in combination with further measures

References:

- Eisele R, Kinzl L, Koelsch T. Rapid-inflation intermittent pneumatic compression for prevention of deep venous thrombosis. J Bone Joint Surg Am. May; 89(5):1050-6.
- Arabi YM, Al-Hameed F, Burns KEA, Mehta S, Alsolamy SJ, Alshahrani MS, Mandourah Y, Almekhlafi GA, Almaani M, Al Bshabshe A, Finfer S, Arshad Z, Khalid I, Mehta Y, Gaur A, Hawa H, Buscher H, Lababidi H, Al Aithan A, Abdukahil SAI, Jose J, Afesh LY, Al-Dawood A; Saudi Critical Care Trials Group. Adjunctive Intermittent Pneumatic Compression for Venous Thromboprophylaxis. N Engl J Med. 2019 Apr 4;380(14):1305-1315.